



## Mr. Fred Poff Sr.

August 7, 1936 - July 27, 2022

Big Stone Gap, VA-

James Fred Poff, Sr. of Big Stone Gap, VA, entered into the presence of his beloved Lord and Savior on Wednesday, July 27, 2022 at the age of 85. Fred and his twin brother Ted were born on August 7, 1936 to the late Charles Clayton Poff and Mary Gladys Louise (Clasby) Poff of Big Stone Gap. He was preceded in death by his parents, his brother Donald Poff, his sister Shirley McMahan, his infant sister Eileen Poff and his infant granddaughter Anna Grace Poff.

Fred is survived by his loving wife of 61 years, Judy Lorene (Sanders) Poff of the home, two sons; James Freddy Poff, Jr. and wife Regina (Taylor) of Big Stone Gap, and Barry Alan Poff and wife Angella (Watts) of Kingsport, TN, ten grandchildren; Elliott, Ashley, Sara, EM, Koby, Jesse, Josiah, Abigail, Stephen, and Noah, twin brother Ted and wife Dot of Big Stone Gap, several brothers- and sisters-in-law, and scores of nieces and nephews.

He was a graduate of East Stone Gap High School and a veteran of the United States Air Force, serving as a tail gunner during the Korean War era. After returning home, he worked for and eventually retired from the US Postal Service, having been a city mail carrier, a window clerk, a rural mail carrier, a carrier supervisor, and a postmaster.

Besides attending church and enjoying the fellowship of his dear brothers and sisters in Christ, Fred enjoyed faithfully teaching the Word of God more than anything. He stated many times that he would be pleased if the Lord called him home while he was busy about his Father's business, teaching the Word. He accepted his calling with full force and dedication, his study and understanding of Gods word rightly dividing the word and teaching others by authoring a personal Bible commentary that he diligently developed and refined over the past 15 years. He was born into the family of God on April 15, 1979, and pressed faithfully "toward the mark for the prize of the high calling of God in Christ Jesus."

He will be greatly missed by his family, friends, and his Church community, but because of Christ's finished work, we "sorrow not, even as others which have no hope." 1 Thessalonians 4:13-18

The family will receive friends on Saturday, July 30, 2022 at Holding Funeral Home in Big Stone Gap, from 4:00 to 7:00 p.m. for the visitation.

The service will be conducted at 7:00 p.m. on Saturday in the funeral home's chapel with Rev. David Powers, Pastor Ronnie Mutter and Tom Williams officiating. Special music will be provided for the family by Billy Howard Lawson and the Poff Family.

The graveside committal service will be held on Sunday, July 31, 2022 at 2:00 p.m. in Barkers Cemetery. Those wishing to attend are asked to meet at the funeral home at 1:30 to go in procession to the graveside.

Family and friends will serve as pallbearers

A video has been created for the family at <https://www.tributeslides.com/tributes/show/ST5SYK5BMFYBW3WZ>

An online register is available for the family at [www.holdingfuneralhome.com](http://www.holdingfuneralhome.com)  
Holding Funeral Home is honored to serve the family of Mr. Poff.



# Cemetery Details

## Barker Cemetery

1600 Shady Lane  
Big Stone Gap, VA

# Previous Events

## Visitation

JUL **30**. 4:00 PM - 7:00 PM (ET)

Holding Funeral Home, Inc.  
17 E. 3rd St., N.  
P. O. Drawer H  
Big Stone Gap, VA 24219  
1-276-523-1470  
holdingfuneralhome@comcast.net  
<http://www.holdingfuneralhome.com>

## Service

JUL **30**. 7:00 PM (ET)

Holding Funeral Home, Inc.  
17 E. 3rd St., N.  
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# Tribute Wall



“ *Mr. Fred Poff Sr.*

October 07, 2023 at 10:50 AM



“ *So sorry! Hugs and prayers for the family. Fred was a great asset to our church family. He was a great example for all of us . He loved to share his love and testimony for the Lord!! He will truly be missed.*

Susie Fig - July 30, 2022 at 06:28 PM



“ *Susie Fig lit a candle in memory of Mr. Fred Poff Sr.*



Susie Fig - July 30, 2022 at 06:24 PM



“ *Peaceful White Lilies Basket was purchased for the family of Mr. Fred Poff Sr..*



July 30, 2022 at 09:50 AM



“ *Simply Elegant Spathiphyllum was purchased for the family of Mr. Fred Poff Sr..*



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July 29, 2022 at 06:41 PM



“ *Basket of Memories was purchased for the family of Mr. Fred Poff Sr..*



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July 29, 2022 at 01:29 PM



“ *We pray dear friends that God's great love, peace and comfort will fill your hearts as you are missing your precious Husband, Father and Grandfather...until that glorious day when you will all be reunited forever with our precious Lord Jesus in glory. We love you dear Poff family, The Wrights*

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**Andee Wright** - July 29, 2022 at 10:39 AM



“ *Sweetest Sunrise Bouquet was purchased for the family of Mr. Fred Poff Sr..*



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July 29, 2022 at 10:31 AM

AB

“ *Very sorry for your loss. Hugs and prayers for all.*



Abbie Blair - July 29, 2022 at 09:30 AM



“ *My heartfelt condolences to Barry, Angela, and all the Poff family. - Jim Daugherty*

Jim Daugherty - July 29, 2022 at 07:50 AM

MB

“ *So sorry for your loss prayers for the family*  
🙏💕💕



Melinda Bowman - July 29, 2022 at 12:48 AM

MB

“ *We surely are sorry for the loss of this wonderful friend and Christian Teacher. We pray for comfort of his family and friends who mourn his loss. Blessings, Mary Frances and Ewing Begley*

Mary Frances Begley - July 29, 2022 at 12:31 AM

JK

“ *Jim and I send our sincere condolences to Judy and all the family. Fred was such fine person and will be missed by those of us who were fortunate to know him—love & prayers from Jamie & Jim Kelly*

jim/jamie kelly - July 28, 2022 at 07:29 PM



“ Fred was truly a man of God. He taught the Bible like it was supposed to be. He always gave his passages word for word. I enjoyed hearing his lessons his teachings. He will be missed by so many . Our Deepest Sympathy and Prayers to Judy and all of Freds family. May God bless you all.

Deborah Gardner - July 28, 2022 at 04:45 PM



“ Sentiments of Serenity Spray was purchased for the family of Mr. Fred Poff Sr..



July 28, 2022 at 04:23 PM



“ Brother Fred was a precious friend to the Wilson family. You are in our prayers. With love from Jennifer Wilson, Matthew, Jessica, Drew, and Evan Wilson

Jennifer Wilson - July 28, 2022 at 03:54 PM



“ Opal Collins lit a candle in memory of Mr. Fred Poff Sr.



Opal Collins - July 28, 2022 at 02:18 PM

RP

“ Regina Pittman lit a candle in memory of Mr. Fred Poff Sr.



Regina Pittman - July 28, 2022 at 11:49 AM

RP

“ Prayers for the family. May God comfort and give you peace during this time of sorrow.

Regina Pittman - July 28, 2022 at 11:48 AM

SM

“ Shelia Mellon lit a candle in memory of Mr. Fred Poff Sr.



Shelia Mellon - July 28, 2022 at 09:10 AM

SM

“ Fred was our mailman on 6th Ave in the Southern. He was a very nice and caring man. We have lost a wonderful person.

Shelia Mellon - July 28, 2022 at 09:09 AM

JF

Was a wonderful experience growing up in Crackers Neck with families like the Poffs. Lost touch physically in later years but have all the great memories. Saw and fellowshiped daily with them. My prayers and sympathy to Fred's family. Jerry Fraley

Jerry Fraley - July 28, 2022 at 03:44 PM